

Reverse Stockinette Chevron Headband



Materials: Approximately 15 grams sock yarn, two size 1 DPNs, tapestry needle.

Gauge: Gauge is not important.

Abbreviations:

K1: Knit 1

Kfb: knit into the front and back

Sl1: Slip 1

K2tog: Knit 2 together

SSK: slip, slip, knit the slipped stitches together

I-cord: Cast on 3 stitches, leaving a 12-inch tail, and continue to knit these three stitches by sliding across the needle at the end of each row and continuing to knit without turning. The yarn across the back will be drawn in as you continue knitting. Knit until work measures 12 inches.

You will now knit back and forth, turning the work, as usual.

Increases:

Row 1: kfb, k1, kfb. 5 stitches total.

Row 2: purl across

Row 3: slip first stitch, kfb, k1, kfb, k1. 7 stitches total

Row 4: purl across

Continue increasing in the first stitch in from either edge until there are a total of 17 stitches. Begin stitch pattern.

Row 1: sl1, k4, p1, k5, p1, k5

Row 2: sl1, p3, k3, p3, k3, p3, k1

Row 3: sl1, p1, k1, p2, k1, p2, k1, p2, k1, p2, k1, p2

Row 4: sl1, k3, p3, k3, p3, k3, p1

Row 5: sl1, k1, p1, k5, p1, k5, p1, k2

Row 6: sl1, purl across

Repeat rows 1 through 6 until work measures 13 inches.

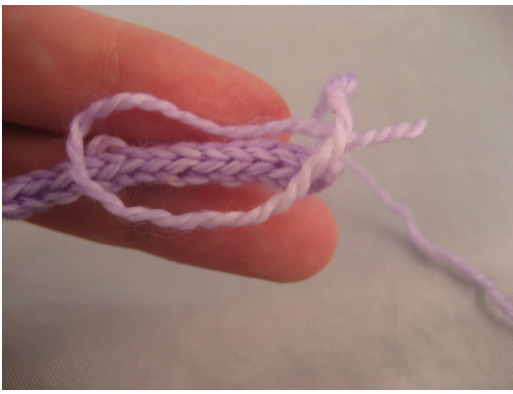
Decreases:

Row 1: sl1, k2tog, knit to the last 3 stitches, ssk, k1

Row 2: sl1, purl across

Repeat these two rows until 5 stitches remain. K2tog, k1, SSK.

Begin knitting *i-cord* as before until there are 12 inches of *i-cord* following the patterned section. Bind off leaving a 12 inch tail.



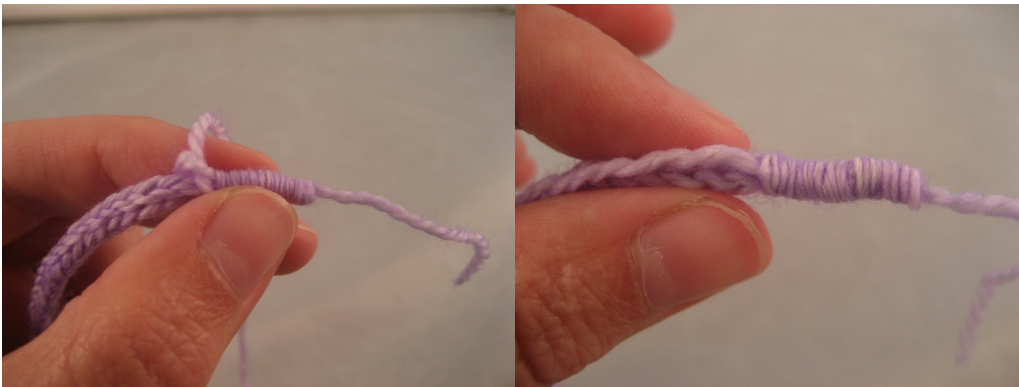
Thread tail through a tapestry needle and run it through the center of the i-cord emerging about two inches from the base. Trim tail and use the trimmed piece for your whip knot. Lay the tail along the i-cord forming a loop as shown.



Begin to wrap the yarn around the i-cord tightly, leaving a bit of yarn sticking out at the bottom.



Wrap about $\frac{3}{4}$ -inch of the i-cord end and then thread the tail through the loop as shown.



Pull the tail at the bottom, drawing the loop tight until it pulls down beneath the top wraps. Trim ends and repeat with the other i-cord end.